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# LIVE IN LABS (LILA)

AN INDIVIDUAL REPORT

DHAMODHARAN K UTTARAKHAND Dunda

# INTRODUCTION

LILA program has lead us to identify a new person within us. The program made us to think socially in a broader manner, to identify the problems that are present in our day-to-day life, to find solutions for those problems for the betterment of people which we pass through daily unnoticed. We made subgroups within our group and worked upon different topics. I took the subgroup of Healthcare, Women empowerment and Entrepreneurial ideas that can be developed in the village. Finally, we gained a hands-on experience of living in village and understanding the lifestyle of those villagers.

# **PROBLEMS IDENTIFIED**

- Lack of cleanliness among the villagers. The adults and children don't have regular bathing or brushing habits.
- Poor sanitation. We can find the cattle shed in front of the house and even the hospital have the same environment.
- Lack of Medical Facilities. The Public Health Centre which we visited had 3 doctors and 2 nurse with 14 beds out of which only 4 can be used.
- BMI index of the children shows that they are malnutritious.
- Haemoglobin content of the women are below 7 grams.
   (avg = 11 grams).
- Village Pradhan is a women, but she is illiterate and the whole power vests in the hands of her husband. (According to the people she was elected since she belong to a lower caste and by getting elected her family economy will improve).
- Lack of market to sell their products such as Handicrafts, Woollen bags, Jewellery. Market is in uttarakasi and it will be effective only during Tourist season.
- Landslides.
- Girls are not studying after twelfth standard. (We can find girls are hardworking than the guys).

- Raw materials for woollen products and handicrafts are not available for everyone who knows/have interest in making those products.
- Less production of Bamboo inspite of its growth in that soil. Bamboo can increase the Entrepreneurial activity. (Bamboo products).
- Dunda is about 117 Kms from Dehradun and hence the vegetable price is quiet high. There is no coconut tree in the village and an average coconut costs about 40 Rs. The soil test shows that coconut can be grown in that village.

## **COURSE LEARNINGS**

- Time Management (within three days we were able to interact with a lot of people and could collect as much as information possible).
- Cross Cultural adaptability and learning their culture.
- Finding feasible solution to real life problems.
- Living in the same place and identifying their problems is totally a different approach and that made us to think the problem as our own and solutions were derieved.
- LILA is one of the reason for which I learned HINDI.

## **BEFORE VISIT**

- Transportation facilities will be poor.
- Fresh and clean air.
- Electricity problem.
- We heard that the men living there are addicted to alcohol and gambling.
- Women are really hardworking.
- Lack of knowledge in using computer and internet.

## **AFTER VISIT**

- The roads were build by army since the village is near the border and is in good condition.
- No electricity problem.

- As heard men are addicted to alcohol and women are really hardworking.
- Fresh air.
- About 40 families own cars and 70 families own bikes.
- People were using internet and there was a desktop available in the village.