

Day 2 : 02.12.2017, Saturday

Time	Programme	Resource Person
08.30 - 08.50am	Paediatric Obesity	Dr. C. Jayakumar , Professor & HOD , Dept of Paediatrics, AIMS, Kochi.
08.50 - 09.20am	Bariatric Surgery	Dr. Sudheer O V , Consultant, GI & Hepatobiliary Surgery, AIMS, Kochi.
09.20 - 09.35am	Dietary modification after Bariatric surgery	Bri. Nivedita , HOD, Dept of Nutrition, AIMS, Kochi.
09.35 - 10.15am	Nursing care of patients with Bariatric surgery- Pre & Post Operative care	Case Presentation Prof. Kanmani J , ACON, AIMS, Kochi.
10.30 - 10.45am	Tea Break	
10.45 - 11.00am	Psychological impact of Child Obesity	Ms. Lakshmi Saranya M T , Clinical Psychologist, Dept. of Psychology, AIMS, Kochi.
11.00 - 11.30am	Depression in Obesity	Dr. K Valsraj Menon , Addl Medical Supdt, AIMS, Kochi.
11.30 - 11.50am	Spatial Issues	Bri.Sai Bala , Nursing Director, AIMS, Kochi.
11.50 - 12.15pm	Plastic Surgery in body contouring	Dr. Sundeep Vijayraghavan , Professor Dept. of Plastic & Reconstructive surgery, AIMS, Kochi.
12.15 - 01.15pm	Lived in Experience	Clinical Nurse Specialist- Doctor & Patients
01.15 - 02.15pm	Lunch Break	
02.15 - 00.30pm	Obesity: An overview & approach according to Ayurveda	Dr. M. R. Vasudevan Namboothiri , Principal, School of Ayurveda, Amritapuri, Kollam.
03.00 - 03.30pm	Quality of Life after Bariatric Surgery	Prof. K.T.Moly , Principal, ACON, Kochi.

The best scientific paper presentation will be awarded with a sum of **Rs 2000 - I prize**,
Rs 1500 - II prize and **Rs 1000 - III prize** and the best scientific poster will be awarded with
the sum of **Rs 1000-I prize**, **Rs 750 - II prize** and **Rs 500- III prize**.

Call for Abstracts

Abstracts for oral/poster presentations are invited from Postgraduate Nursing students, Nursing staff and Nursing faculty. It should be based on any of the sub themes of the conference.

Guidelines for submission of abstracts

- Last date for submission: On or before 31/10/ 17
Abstracts should be limited to 250 words in English in A4 size.
The content should be in IMRAD. The name of the presenting author must be underlined.
- Duration of oral presentation- 10 minutes. (7minutes for presentation and 3minutes for discussion)
- The poster size should be 4 x 3 feet or 120 x 90cm. Scientific committee will review all abstracts and the selected delegates will be intimated in the due course of time.

Abstracts should be sent to the email id : amritaconn2017@aims.amrita.edu

Contact Details:

Organizing Secretary: Prof.Kanmani J Mobile:9446986374

Co Co-ordinator: Mrs.Regina Antony, Assoc. Professor, Mobile: 9446190836

Office: 04842858200



INTERNATIONAL CONFERENCE ON

OBESITY- A MULTIFACETED APPROACH



Date : 01st and 02nd December 2017
Venue : Main Auditorium. Annex B Block, AIMS

KNMC Credit hours-11

Organized by

Amrita College of Nursing

Amrita University- Health Sciences Campus

Ponekkara P.O. Kochi -682041

website: www.amrita.edu

email: amritaconn2017@aims.amrita.edu



Dear Delegate.....

Amrita College of Nursing, Amrita Institute of Medical Sciences, Amrita Vishwa Vidyapeetham, a NAAC 'A' grade accredited University, invites you to this great institution of AMMA's infinite compassion and love, to attend the International Conference on Obesity - "A Multifaceted Approach" on 01st & 02nd December 2017.

About the Conference,

Obesity is the main determinant of preventable burden of diseases. Urbanization and industrialization have immensely contributed in promoting obesity. Nearly one third of the population is obese or overweight. Even in Asia and Africa, there is a significant increase in its prevalence. The rate of obesity in young adolescents and teenagers is exceeding the adult rate.

In India, under-nutrition is rapidly replaced by obesity associated with affluence. With 41 million obese people, India ranks third in obesity after US and China.

Obesity Conference-2017 focuses on bringing together diverse stakeholders to share knowledge, identify collective solutions to increase access to healthy foods, increase opportunities for people to be physically active and fight obesity.

Sub themes:

1. Global burden of obesity
2. Trends and challenges
3. Impact of obesity among children, adults, pregnant mothers, and senior citizens
4. Management - Medical, Surgical, Nursing and Ayurveda

Aim

To create an awareness on epidemic of obesity, its psychosocial and spatial issues among various groups, emphasizing the role of nurse and each individual in its prevention.

Conference Objectives:

After the conference the delegates will be able to:

1. Identify the epidemic of obesity, its trends and causes.
2. Create awareness on the specific impact of obesity among children, adults, pregnant mothers and senior citizens.
3. Discuss the management of obesity (Medical, Surgical, Nursing and Ayurvedic therapies) in view of challenges.
4. Sensitize on the psychosocial and spatial issues of obese.

The Target Beneficiaries:

Nurses, Nursing Faculty, Doctors, UG & PG Students, Allied Health Professionals, Dietitians, Obese client, Parents of obese children.

Resource Persons:



Dr. Manu Raj,
Professor,
Dept of Public Health Research,
AIMS, Kochi.



Dr. Arun S Menon,
Assoc. Professor,
Dept of Endocrinology,
AIMS, Kochi.



Dr. Ganapathy Rao,
Professor,
Dept of General Medicine,
AIMS, Kochi.



Dr. K Lalitha,
Dean Dept of Nursing (Retd),
NIMHANS, Bangalore.



Dr. K Valsraj Menon,
Addl Medical Supdt,
AIMS, Kochi.



Dr. Varsha Vaidya,
Medical Director - Total wellness
Psychiatrist - University of
Maryland.



Dr. D M Vasudevan,
Emeritus Professor & Head,
PG program & Research,
AIMS, Kochi.



Dr. Beena K V,
Senior Medical Administrator,
& Public Health Consultant,
AIMS, Kochi.



Bri. Sai Bala
Nursing Director,
AIMS, Kochi



Prof. K.T.Moly,
Principal,
Amrita College of Nursing,
AIMS, Kochi



Dr. Rashmi H Poojara,
Asst.Professor,
Dept of Home Science,
St. Teresas College, Kochi.



Dr. Deepthy Sharma,
Professor,
Dept of OBG, AIMS, Kochi



Dr. C. Jayakumar,
Professor & HOD,
Dept of Paediatrics,
AIMS, Kochi.



Dr. Sudheer O V,
Consultant,
GI & Hepatobiliary Surgery,
AIMS, Kochi.



Ms. Lakshmi Saranya M T,
Clinical Psychologist,
Dept of Psychology,
AIMS, Kochi.



Bri. Nivedita,
HOD, Dept of Nutrition,
AIMS, Kochi.



Dr. Sundeep Vijayraghavan,
Professor Dept. of Plastic &
Reconstructive surgery,
AIMS, Kochi.



Dr. M. R. Vasudevan Namboothiri,
Principal, School of Ayurveda,
Amritapuri, Kollam.



Prof. Sunil M,
Amrita College of Nursing,
AIMS, Kochi.



Mrs. Linda Varghese,
Asst. Professor,
Amrita College of Nursing,
AIMS, Kochi.



Ms. Anu Das M.V,
RN RM, Surgical ICU,
AIMS, Kochi.



Ms. Divya G,
RN RM, Gastro ICU,
AIMS, Kochi.

Programme Schedule Day I : 01.12.2017, Friday

Time	Programme	Resource Person
08.00am - 09.00am	Registration	
09.00am - 09.20am	Magnitude of Obesity: Global Epidemic	Dr. Manu Raj, Professor, Dept of Public Health Research, AIMS, Kochi.
09.20am - 09.40am	Significance of Obesity	Dr. Ganapathy Rao, Professor, Dept of General Medicine, AIMS, Kochi.
09.40am - 09.50am	Tea Break	
09.50am - 10.30am	Inauguration	
10.30am - 10.50am	Obesity and Metabolism	Dr. D M Vasudevan, Emeritus Professor & Head, PG program & Research AIMS, Kochi.
10.50am - 11.10am	Causes of Obesity	Dr. Arun S Menon, Assoc. Professor Dept of Endocrinology, AIMS, Kochi.
11.10am - 11.30pm	Impact of Obesity	Dr. Beena K V, Senior Medical Administrator & Public Health Consultant, AIMS, Kochi. Dr. Deepthy Sharma, Professor, Dept of OBG, AIMS, Kochi.
11.30am - 12 Noon	Obesity- Psychiatry	Dr. Varsha Vaidya, Medical Director - Total wellness Psychiatrist - University of Maryland.
12 Noon - 12.45pm	Obesity: Psychosocial issues & Perception of Society	Dr. K Lalitha, Dean Dept of Nursing (Retd), NIMHANS, Bangalore.
12.45pm - 01.45pm	Lunch Break	
01.45pm - 02.15pm	Bariatric Psychiatry	Dr. Varsha Vaidya, Medical Director - Total wellness Psychiatrist - University of Maryland.
02.15pm - 02.45pm	Obesity among adolescents	Dr. Rashmi H Poojara, Asst.Professor, Dept. of Home Science, St Teresas College, Kochi.
02.45pm - 03.15pm	Prevention of child obesity	Prof. Sunil M, Mrs. Linda Varghese Asst.Professor, ACON, AIMS, Kochi.
03.15pm - 03.30pm	Tea Break	
03.30pm - 05.00pm	Scientific Paper presentation	