

29. A home visit card will be given to every student. Any time the student leaves for home, she should get the endorsement from the warden of the hostel and from the parents while returning from home. Girl students will be permitted to leave the premises only with their parents or local guardian. In case a student has to go out for attending any function outside the campus, it is compulsory to produce a written permission from the parent.

30. Students welfare committee will review the conduct / Behavior of each student in the campus / Hostel every year and appropriate grade will be awarded for the same.

All the above rules and regulations are compulsory and binding on the students of Health science campus. If anyone failure to comply with them will lead to severe disciplinary action up to expulsion from the course.

31. As a student of Amrita you should uphold the dignity and tradition of the institution both inside and outside campus.

I have read the above rules carefully and shall abide by these rules.

Signature of student :

I undertake to ensure that my Ward fully abide by the above rules and I also agree that the decision of the Principal and or Management shall be final and binding with regard to observance/breach of discipline by my Ward.

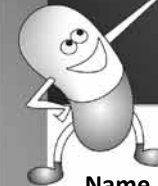
Signature of parent:

Date: Place :

Lokah Samastah Sukhino Bhavantu



## GENERAL DISCIPLINES TO BE FOLLOWED BY A STUDENT OF HEALTH SCIENCES CAMPUS



Name of the Student:

.....

.....Registration Number

(for office use .....

Course.....

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Name of Father / Mother:.....

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This institution is managed by MATAAMRITANANDAMAYI MATH a spiritual and religious organization. All students have to maintain discipline and decorum of the founding organization.

Health Sciences students are required to place high value on personal appearance, including attire. The reasons are rooted in concerns for infection control, communication and cultural sensitivity. This document sets forth standards for dress and appearance necessary to meet the service and

safety objectives of placing patient welfare first and the educational objectives of preparing the student to assume the role of a professional health care worker. Patient trust and confidence in the health care provider are essential for successful treatment experiences and net results. The message communicated by the caregiver by his/her dress and appearance plays a fundamental role in establishing this trust and confidence. Students should consider the cultural sensitivities of their most conservative potential patients and present themselves in a manner that will earn their respect, ensure their trust and make them feel comfortable. Recent trends in clothing, body art and body piercing may not be generally accepted by the patients and should not be worn by students.

Observance of strict discipline is therefore absolutely essential. A pamphlet containing, detailed rules to be strictly observed by the student will be given in person. Special attention is drawn to the following points:

1. Students are required to render due respect to beloved Amma Sri Mata Amritanandamayi Devi, the founder, guide and inspiration of this institution. Students should also give due respect to all Monastic Representatives of the math, all Teachers, Professors and all Senior members of the institution.

2. During Amma's birthday in the month of September, students are required to render three days service at Amritapuri, Kollam.

3. Use of mobile phones and electronic gadgets like paging devices, videos, ipods, laptops etc. are strictly prohibited in the Campus and Hostel. Any violation will lead to Confiscation and levy of appropriate fine.

4. All undergraduate courses in the Health Sciences campus are 100% residential. Boys are allowed to go home on 1st and 3rd Saturday and girls on 2nd and 4th Saturday of every month.

5. Students should be in their hostel by 6.00 pm. Since the study time in the hostel is between 9 pm and 6 am absolute silence should be maintained during this time.

6. Students have to assemble for prayer (30 minutes duration) at 6.30 pm in their hostels.

7. Students are not allowed to use bikes and cars in the campus (cycles are allowed).

8. Smoking, chewing pan, chewing gum and alcoholic drinks are absolutely prohibited.

9. No eating or drinking in front of patients or in patient care areas.

10. The students should speak softly in the hospital. Do not make noise in the lifts.

11. Use of any type of earplugs in the campus / college for music or otherwise should be avoided to be alert to respond.

12. Practice the habit of forming Queues. Do not rush inside the Lift or cash counter.

13. Students are not allowed to keep pets in the hostel.

14. It is compulsory for the students to attend the weekly value-based classes.

15. Only vegetarian food will be served in the hostels.

16. Attendance is compulsory and is marked separately for theory and practical classes in all subjects. The more the attendance, the more you will score INTERNAL MARKS for University Exam.

17. Students are not allowed to conduct any meetings in the campus, hostel or class room without the permission of the Principal or chief warden.

18. All announcements should be with prior permission of Principal, Chief Warden or Class Teacher.

19. Internet is available as a tool for education. It has to be used solely for the purpose of education and any misuse of the internet will invite strict disciplinary action.

20. Ragging is a criminal offence and is strictly prohibited by the law of the land. If any student is found to have indulged in or involved with any incident of ragging he / she will be summarily expelled from the institution. Such student will be liable to pay to the institution all the loss that the institution may have to suffer on account of such expulsion. Decision of the Principal with regard to expulsion, loss and recovery will be final and binding. Mere presence at the scene of ragging amounts to abetment of ragging and is liable for punishment.

21. Maintain absolute silence in the central library at all times.

22. Unnecessary mingling of boys and girls is discouraged. Boys and girls are required to sit separately in classes and in the library.

23. Name badges identifying you as a student must be worn at all times and clearly visible to those with whom you are interacting.

24. Good personal hygiene is to be maintained at all times. This includes regular bathing, use of deodorants/antiperspirants and regular dental hygiene.

25. Hair Maintenance

a) Hair should be neat and clean. b) Put up long hair. c) Hair should be styled off the face and out of the eyes.

d) Shoulder length hair must be put up to avoid interference with patients and work.

26. Jewellery

a) Keep jewellery at a minimum (represents potential for cross – infection).

b) Use of a watch, a finger ring, a small necklace chain and small ear ring are permitted.

27. Dress, Shoes, Hand Care and Shave

a) Dress code is mandatory for all students.

They are not allowed to wear sleeveless dresses, Tshirts, Short tops, Jeans, tights, burmuda and shorts in the campus and hospital.

b) Clothing should be clean and professionally styled. c) Low waist pants are strictly prohibited.

d) Shirt should not be left opened and should be properly buttoned.

e) Shoes should be polished, neat, clean and always with closed toes. Do not wear sandals.

f) Fingernails should be clean and short. No artificial nails.

g) A clean shave is the essence of good grooming and will make a huge impact to a patient/ bystander.

28. If students have to go out of the campus they should get the GATE PASS from the hostel authority. Students are not allowed to go out in groups to see movies, celebrate birthday/marriage etc. Have to take prior written permission from parents & then from the warden to do so.