



AMRITA
VISHWA VIDYAPEETHAM

School of
Medicine

Amrita Institute of Medical Sciences
SCHOOL OF MEDICINE
Kochi, Kerala, India - 682 041

MBBS Foundation Course, August 2019

Time Table

Managed by
Mata Amritanandamayi Math
Amritapuri, Kollam, Kerala.
INDIA - 690 525

FOUNDATION COURSE - Aug 2019
Provision of Hours for Subjects/Contents

Content	Required Hours	Hours Allocated
Orientation	30	32
Skills Module	35	38
Field Visit to Community Health Center	8	9
Professional Development including Ethics	40	44
Sports and Extracurricular Activities	22	25
Enhancement of Language/Computer Skills	40	47
Total	175	195

FOUNDATION COURSE - 2019 Aug Week 1

	8-9	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5
						L U N C H			
Aug 1 Thu	Ori: Welcome Address by Principal/Director	Ori: Introduction of Senior Faculty	Ori: Introduction of the available facilities in the institution	Ori: The students: Self introduction - what it means to be a doctor. Rules and Regulations copy given - Reading assignment			Ori: Tour of the phase 1 department, hospital, OP block, Hostel in small groups (parents and students).		
Aug 2 Fri	Ori: Int Lec: Overview of day 1. Assignment of Rules and regulations discussion.	Ori: Panel Discussion Overview of MBBS program. Senior faculty & students from other phases.	Ori: Int Lec on the rules and regulations of the Library and use of online resources. Tour of Library in small batches.			Batch A: S&E Amrita Yoga			
						Batch B: L&C Learning local language: Peer to peer interaction,			
Aug 3 Sat	Ori: Lec on Alternate Health Systems and Evidence Based Medicine. History of Medicine	Ori: Learning styles and methods. Panel Discussion.	Ori: Int Lec Orientation to Medical Ethics and attitude and Communication Skills required in Medical Profession. Ori: Int Lec - Attitude and Communication skills required in Medical Profession		Ori: Tour of different parts of the hospital in small groups.	Batch B: S&E Amrita Yoga			
						Batch A: L&C Learning local language: Peer to peer interaction,			

Ori = Orientation

S&E = Sports and Extracurricular Activities

L&C = Language and Communication

FOUNDATION COURSE - 2019 Aug Week 2

	8-9	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5
Aug 5 Mon	Ori: Int Lec Levels of Healthcare	Ori: Field Visit to outreach programs PHC		Ori: Principles of primary care		L U N C H	Batch A: S&E Ayudh Activities		
		Ori: Field Visit to outreach programs CHC					Batch B: Small Group Teaching L&C Spoken Malayalam, Words, sentences, phrases		
Aug 6 Tue	Ori: Int Lec National Health Programs	Ori: Int Lec Competen- cy/Skill cer- tification ^s	Ori: Workshop Examinations & University Rules	Ori: Feedback on 5 days of activity, with reference to orientation.			Batch B: S&E Ayudh Activities		
							Batch A: Small Group Teaching L&C Interactive Session: Spoken Malayalam, Words, sentences, phrases		
Aug 7 Wed	Ori: Panel Dis- cussion: From School to Col- lege. Mentor Program.	Ori: Int Lec Career options for a medical graduate		P&E Intro. Talk on Doctor's role in soci- ety: Doctor (30 min.) and Patient (30 min.)			P&E Reflections from students about the past 5 days, in relation to professional behaviour and ethics		
Aug 8 Thu	L&C: Communication skills : Verbal and non Verbal		First Aid DOAP Batch A: Poisoning and Choking	P&E Int Lec Introduction to Principles of Bio-Ethics	P&E Role plays on "Relating to pt. experi- ences"		Batch A: Ori/S&E Visit to Gyms and grounds (small groups)		
			Batch B DOAP Accident, Seizures & Burns				Batch B: L&C DOAP Language software in Malayalam		
Aug 9 Fri	S & E: Stress management: Lec IAM technique		First Aid DOAP Batch B: Poisoning and Choking	P&E Doctors Role in Society: Eminent doctors from inside and outside the in- stitution (local IMA Branch) - Also In- terns and PGs on Professionalism and Ethics.			Batch B: Ori/S&E S&E Visit to Gyms and grounds (small groups)		
			Batch A: DOAP Accident, Seizures & Burns			Batch A: L&C Language software in Malayalam			
Aug 10 Sat	(Ski): Int Lec Learnig Strate- gies	L&C: Intro- duction to Information technology	Batch A: P&E Spirituality and Moral Ethics in Medicine			Batch A: S&E Introduction to the movie club, quiz club and other clubs. Enrolment.			
			Batch B: (Ski) BLS Indications, Observation and Perform- ance			Batch B: L&C DOAP Use of Word Processor, Spreadsheet, Presentation Program			

P&E = Professionalism & Ethics

Ski = Skill Module

FOUNDATION COURSE - 2019 Aug Week 3

	8-9	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5	
Aug 12 Mon	P&E: Int Lec History of Bio-Ethics	P&E Indian perspective of Bio-ethics: Talk by Spiritual Guru	Batch B: P&E Spirituality and Moral Ethics in Medicine			L U N C H	Batch B: S&E Introduction to the movie club, quiz club and other clubs. Enrolment			
			Batch A: (Ski) BLS Indications, Observation and Performance				Batch A: L&C Use of Word Processor, Spreadsheet, Presentation Program			
Aug 13 Tue	P&E Debate: Concepts like Informed Consent, Geneva Convention, Accountability & Gender Sensitivity. With case scenarios and reports addressing attitudes towards Transgender, Homosexuals, and patients from similar disadvantaged communities.			Four Groups: S&E Activities like group JAM, Poster making, Dumb Charade, Antakshari, Pictionary etc.		L&C: SDL Interpersonal relationships, use of opportunities like lunch to build relationships.		Lec: Time Management		
Aug 14 Wed	Visit to Vallikaavu, meeting with the Chancellor:					L U N C H	Lec on coping with stress.			
Aug 15 Thu	Flag hoisting and think-pair and share about the idea of India.									
Aug 16 Fri	Batch A: P&E: Group Discussion Students - Expectations from Society		Batch A: Role Play - Patient-Doctor Interactions	Batch A: Game. Communication with Peers, Seniors, Faculty and Patients			Batch A: L&C Introduction to research and literature search			
	Batch B.: (Ski) Int Lec Immunization - Immunity basics, Pre and Post Exposure prophylaxis, Hep B & C, Varicella, MMR, DPT		Batch B: Role Play - Bystander-Doctor Interactions	Batch B: (Ski) SGT Biosafety - Intro, Containment & Safely Equipment; waste mx, protection and accountability		Batch B (Ski) Handwashing (steps & performance)				
Aug 17 Sat	Batch B: P&E: Students - Expectations from Society		Batch B: Role Play - Patient-Doctor Interactions	Batch A: Game. SGT Communication with Peers, Seniors, Faculty and Patients		Batch A: L&C Introduction to research and literature search				
	Batch A.: (Ski) Int Lec Immunization - Immunity basics, Pre and Post Exposure prophylaxis, Hep B & C, Varicella, MMR, DPT		Batch A: Role Play Bystander-Doctor Interactions	Batch A: (Ski) Biosafety - Intro, Containment & Safely Equipment; waste mx, protection and accountability		Batch B (Ski) Handwashing (steps & performance)				

FOUNDATION COURSE - 2019 Aug Week 5

	8-9	9-10	10-11	11-12	12-1	1-2	2-3	3-4	4-5
Aug 26 Mon	Batch A: P&E Int Lec Ethics of Organ Transplant		Batch B: P&E Quiz	Batch A: P&E Discussion and Debate regarding the various aspects of Geneva Declaration and Medical Ethics		L U N C H	Batch A: S&E Club Activities		
	Batch B: DOAP BMW - basics, colour coding (Sk)		Batch A: Observation BMW - method of disposal (Sk)	Batch A: Biomedical Waste Management Observation (Sk)			Batch B: L&C Reading, Critique and feedback		
Aug 27 Tue	Batch A: P&E Case scenarios representing various aspects of Med. Eth., followed by group discussion and debate on each			Batch A: Visit to witness Clinical Ethics team discussion reg. End of Life (two batches)			Batch B: S&E Club Activities		
	Batch B: Infection control - need, types, contagious infections basics of the problem (Sk)			Batch B: Infection control - hospital acquired & basics about management (Sk)			Batch A: L&C Reading, Critique and feedback		
Aug 28 Wed	Batch A: P&E Case scenarios representing various aspects of Med. Eth., followed by group discussion and debate on each			Batch A: Visit to witness Clinical Ethics team discussion reg. End of Life (two batches)			L&C Screening of Old Classic Movie		
	Batch A: Infection control - need, types, contagious infections (need) (Sk)			Batch B: Infection control - hospital acquired & basics about management (Sk)					
Aug 29 Thu	Batch A: L&C Professional Communication		Batch A: L&C Listening and Understanding				Batch A: S&E Amrita Yoga		
	Batch B: Spill management - Types, Situations, Location (Ski)		Batch B: Spill management - Need, procedure (Ski)				Batch B: L&C Classic Movie Screening with Medical Background		
Aug 30 Fri	Batch B: L&C Professional Communication		Batch A: L&C Listening and Understanding			Batch B: S&E Amrita Yoga			
	Batch A: Spill management - Types, Situations, Location (Ski)		Batch A: Spill management - Need, procedure (Ski)			Batch A: L&C Classic Movie Screening with Medical Background			
Aug 31 Sat	Field Visit to Institutions such as CHC, Special Schools, Hindustan Latex, Naval Base Hospital etc. (CHC and one another)			(Ski) Int Lec: Intro. to skill of Breaking Bad News, including SPIKES	(Ski) Final reflections on the topic (chosen beforehand 10-12 students)	Int Lec: Body Language as a Communication Tool	P&E Talk about CPA and Law in Medicine - Legal expert		